


North Nodaway R-6

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Assorted Cereal Fruit	3 Cheddar Omelet w/Toast Fruit	4 Mini Blueberry Waffles w/Syrup Fruit	5 Yogurt w/Granola Fruit	6 Biscuits & Gravy Sausage Link Fruit
9 NO SCHOOL	10 Breakfast Pizza Fruit	11 Pancakes w/Syrup Fruit	12 Breakfast Tac-Go w/Salsa Fruit	13 Blueberry Bubble Bread Fruit
16 Honey Bun Fruit	17 Early Risers Bacon Breakfast w/Toast Fruit	18 Pancake Sausage Bite Fruit	19 French Toast Sticks w/Syrup Fruit	20 Pop Tarts Yogurt Fruit
23 Mini Powdered Donut Fruit	24 Double Chocolate Muffin Yogurt Fruit	25 Dutch Waffle Fruit	26 Bacon & Cheese Extravaganza w/Toast Fruit	27 Bosco Breakfast Stick Fruit
30 Breakfast Tornado Fruit	31 Cheddar Omelet w/Toast Fruit			

1%, Skim and Fat Free Chocolate Milk and Juice Variety offered with every meal

MENU IS SUBJECT TO CHANGE
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