

October

NORTH NODAWAY R-6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Country Fried Steak Mashed Potatoes Green Beans Fruit Choc Chip Granola Bar	3 Chicken Quesadilla w/Salsa Black Beans Fruit	4 Meatball Sub Garden Salad Fruit Strawberry Jello	5 Chicken Noodle Soup Crackers Celery/Carrots/Ranch Cheese Stick Fruit / Cinn Roll	6 Pancakes w/Syrup Scrambled Eggs Tater Tots Fruit Wango Mango Juice
9 NO SCHOOL	10 Hamburger French Fries Baby Carrots Fruit	11 Beef Nachos w/Salsa Refried Beans Fruit	12 Chicken Nuggets Veggie Cup w/Ranch Fruit Chocolate Chip Cookie	13 Cheese Pizza Garden Salad Fruit Raspberry Sherbet
16 Chili Dog Sweet Potato Fries Golden Corn Fruit Strawberry Jello	17 Sloppy Joe Sweet Peas Garden Salad Fruit	18 Walking Taco w/Salsa Black Beans Fruit Yogurt	19 Pizza Bosco Stick w/Marinara Baby Carrots & Cauliflower w/Ranch Fruit	20 Shrimp Poppers Baked Potato Steamed Broccoli Fruit Chocolate Chip Cookie
23 Fritos Chili Pie Golden Corn Fruit Elf Grahams	24 Hot Ham & Cheese California Blend Veggies Fruit Scooby Doo Fruit Snacks	25 Chicken Parmesan over Pasta Garden Salad Fruit	26 Corn Dog French Fries Mixed Veggies Fruit	27 Pepperoni Pizza Baby Carrots & Celery Sticks w/Ranch Fruit
30 Country Fried Steak Mashed Potatoes Green Beans Fruit Choc Chip Granola Bar	31 Chicken Quesadilla w/Salsa Black Beans Fruit			



1%, Skim and Fat Free Chocolate Milk offered with every meal

This Institution is an Equal Opportunity Employer.